



Discover Regent's

Guide for parents and guardians

Welcome to Regent's

Located in the heart of the UK's vibrant capital, our campus offers students an inspiring setting in which to live and study – just minutes from central London.

- Secure, secluded royal park campus – a calm environment to live and study
- International: 140 student nationalities represented
- Small class sizes and personal teaching: one teacher for every 13 students
- Practical courses with industry connections
- Comfortable on-campus accommodation options



We wanted our child to have an international education. Regent's seemed to us to be a very nice university in a very nice setting and we felt really happy to send him here'.

Parent of Regent's graduate, 2021.

Contents

Choosing the right course	2
Finding a new home.....	4
Accommodation.....	5
Support and welfare.....	6
How to apply	7
Application and enrolment checklist	8

regents.ac.uk/parents



Dear parent/guardian

For many young people, starting university marks their first step into adulthood – with all the excitement and challenges that come with it. As a parent or guardian, you'll want to make sure you understand your child's journey and how best to support them, while still allowing them their independence in this important new phase of their life.

We understand that this can be a daunting time for parents, guardians and young people alike, so we've designed this guide to help you through each step of the journey – from school to university. Covering everything from choosing a subject to finding the right accommodation, this guide will help you get to grips with the essentials of applying to, and starting, a university course, so that you can help your child make the most of the opportunities on offer.

Professor Geoff Smith
Vice-Chancellor & CEO
Regent's University London

Choosing the right course



With over 150 higher education institutions in the UK, each offering a wide selection of courses, it's easy for prospective students to become overwhelmed. However, your child probably already has an idea about which subject they're interested in, or what career they'd like to pursue after graduating.

The first thing to do is filter out the universities that don't offer a relevant course – eliminating these will narrow down the list considerably.

Learning experience

Next, your child should carefully consider what they want to get out of their course. Do they want something that will jump-start a particular career – for example, a specialised and focused Business course or a practical, vocational Film degree? Or would they prefer a broader, more flexible course that'll allow them to learn widely and tailor the course to their own interests, such as Liberal Arts?

At Regent's, your child can choose from five broad subject areas and mix and match their modules to shape their own degree. Developed alongside industry experts, our courses are practical in nature and offer opportunities to join internships, workshops, guest lectures, behind the scenes tours and networking events with some of the world's leading experts.

Teaching methods

The way a course is taught can be just as important as its content. Your child should consider how the teaching methods will work for them:

Will it be primarily lecture- or seminar-based?

Will they have access to facilities and practical experiences that will help them excel?

What is the student-teacher ratio?

Are they confident they'll receive enough tailored attention to reach their full potential?

As a small university, Regent's can take a personal approach – with teaching centred around your child's individual goals, identifying the exact skills and support they need to thrive.

Visiting Professorships programme

As part of our promise to deliver a well-connected and future-facing education, we've partnered with Walpole – the official sector body for British luxury – to help our students connect with luxury leaders and advance their careers. CEOs and MDs of global brands have come on board as visiting professors, offering students the chance to work on live industry projects, take up internships and attend exclusive masterclasses. Partners include Harrods, Dunhill and McLaren Automotive – with more to come. regents.ac.uk/visiting-professorships





National Student Survey (NSS) takes place every year and acts as a window into the authentic student experience.

Rankings and student satisfaction

Once your child has determined what they want to study, they might want to use external rankings to help them make their decision. University and course-level league tables can be useful here, but also remember student satisfaction, measured by the NSS, can be just as important in determining quality.



Regent's graduates go on to build international careers, launch their own businesses, win BAFTA nominations, secure multi-million-dollar deals and feature in the likes of Forbes 30 Under 30 and TIME Magazine.



Career prospects

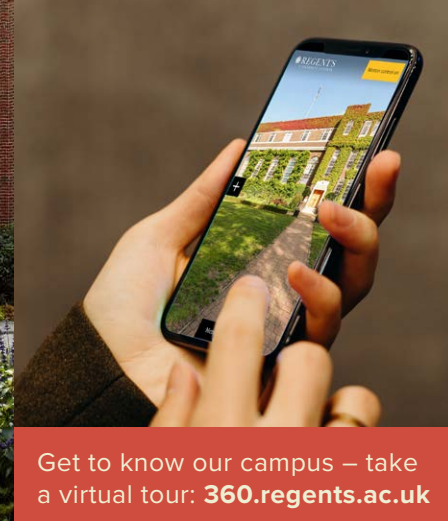
It's also crucial to consider the career prospects the university can offer its students. Does it create opportunities for students to network, gain practical experience and build contacts while studying? Does it have a robust alumni service? It's worth looking into what recent graduates have achieved – for example, if your child aspires to build a business, they should choose somewhere with a strong track record of supporting founders. regents.ac.uk/alumni



"The most rewarding part of Regent's is the brilliant connections I made that are strong to this day. Connections that have given me the confidence to forge my own path and create my future."

Anne Musisi, Regent's alumni.

Finding their new home



Although the course your child will take is extremely important, it isn't the only factor to consider. Their university is where they will spend the next several years of their life, so it's vital that it feels like a place they can call home.

Location

Location can define your child's university experience, so it's important to choose somewhere that feels right. Would they prefer a bustling city or a quiet location? While remote areas can offer easier access to nature and may feel less overwhelming, they also offer fewer amenities and networking opportunities. Remote locations generally have poorer transport links too, which particularly affects international students.

London, on the other hand, boasts six international airports within a 40-mile radius of the city centre, as well as access to the Eurotunnel with links to mainland Europe. Located in the middle of London's Regent's Park, our university offers close links to the city, while being set in a tranquil study environment.

London also opens the door to world-class art and culture, industry connections and entertainment and leisure – from the National Gallery to Canary Wharf.

Community

Every university has a distinct atmosphere – the students, the staff and the institution's history and values coming together to create something truly unique. It's this special feeling that connects students, even years after they've graduated – here, we call it the Regent's difference.

Your child should consider what kind of environment they'd feel most at home in. Would they come into their own in a large student body of tens of thousands, or would they thrive in a small but lively community, such as Regent's, where students and staff know each other by name? If they're coming from abroad, they may prefer to be surrounded by likeminded students from around the world.

Prospective students can get a feel for a university in a few ways:

- Visiting in person
- Attending a virtual open day or tour
- Reading online material

When they find a place that feels right for them – they'll know.

Safety and security

Campus safety is something that every university takes extremely seriously – Regent's included. With gated access and a 24/7 security presence, Regent's offers one of London's safest campus experiences. No one can enter without their University ID card, and our students appreciate the protective bubble of being inside a royal park, with a bridge leading directly into central London.



Our campus is COVID-secure, so students can feel safe and focus on their studies. We're constantly monitoring the situation – you can find our latest measures at regents.ac.uk/covid-19.



'We're like a small family from different cultures. It's a great networking experience, because you never know, in business or in life, when you might need the support.'

Giacomo Pesaresi, Regent's student.



Accommodation

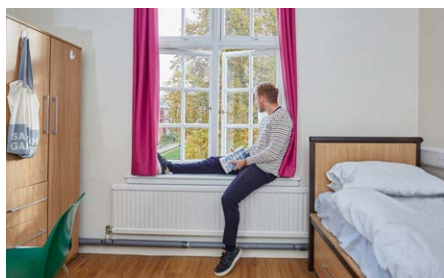
Few things are more important than having a safe and comfortable place to live, especially if this is your child's first time living away from home. Most universities now offer a range of accommodation options to suit different needs, so it's simply a matter of deciding what would work best for them.

Halls of residence

Most students spend their first year living in a university hall of residence – embedding them in a lively hub of student living. It can vary significantly and usually includes:

- En-suite rooms with a shared kitchen
- Single rooms with shared bathrooms and kitchen
- Shared rooms

Generally, the more private the accommodation, the higher the price – so it's worth keeping budget in mind. Although some young people might find the prospect of sharing a room with someone else daunting, many students enjoy the camaraderie and companionship of having roommates.



External student accommodation

External student accommodation is a great midway point between living in halls and renting from a private landlord. Because it's exclusive to students, it offers the same benefits of immersing you into a student community, while allowing you to step outside the campus "bubble". Like university halls, external student accommodation usually offers a variety of rooms or flats. Many universities partner with external student accommodation providers to offer their students the best variety of choices – including Regent's – offering top-class accommodation and facilities in the heart of London.



Private renting

Renting privately offers a degree of independence and privacy that is appealing to some students, particularly those who have already lived independently. It's generally cheaper per week than the previous options, though students typically have to pay a 12-month lease, rather than only renting during term time. Private renters also lack the support that comes with student accommodation, such as guaranteed maintenance and security at all times.



Living at home

Some students may choose to remain living at home, either to remain with their family or to save money. While it's a good way to keep spending in check, some may feel like they are missing out on a central part of the student experience. UK students should also be aware that they could receive a lower maintenance loan if they stay at home during their degree.

regents.ac.uk/accommodation

Support every step of the way

A helping hand

You'll pay the same fees as everyone else on your course, regardless of nationality. View our website for more information on student loans, scholarships and bursaries. regents.ac.uk/funding

As exciting as beginning university is, it's also a time of big changes and new challenges – so it's possible your child will sometimes need additional help. It's important to look into what support universities offer, so you can be sure their needs will be met.

Most universities match students with a personal tutor, who can offer guidance on both personal and academic matters throughout their studies. Some universities, including Regent's, have a dedicated Support & Welfare team to provide free, confidential advice and support for any issues your child might face – and make their transition to university as easy as possible. For example:

- Guidance, tools and resources
- Short-term counselling sessions
- Healthcare advice and registration
- Help with managing workloads
- Academic skills support

International SOS

Our partnership with International SOS, a world leader in medical and security advice services, means all Regent's students can access:

- 24/7 general medical & travel safety advice
- Information on global COVID-19 travel restrictions & medicine
- Five counselling sessions per incident, per year.

The service is available from anywhere in the world and in your own language.

regents.ac.uk/support

Keeping on top of your child's progress

As your child transitions to university life, they'll begin to take responsibility for their own learning. Unlike in school, universities don't provide parents with updates on attendance or progression – however, if you have any concerns, support staff will ensure they're addressed. Due to General Data Protection Regulations (GDPR), we're unable to discuss your child's studies with you without their written authorisation. However, they can complete a Disclosure Form, which will allow us to explore your concerns.

Disability support

All universities have a responsibility to support students who have disabilities, and support services should be happy to talk through your child's needs at any point of the application process, or during their studies.

Your child can specify their disability or additional needs when they apply through UCAS, or mention it directly in their application form. The sooner they do, the more time there is to prepare for any accommodations they need, such as specialist equipment, provisions for wheelchair access or extra time in exams.

If your child has additional needs that they'd like to discuss with us, please get in touch at disability@regents.ac.uk or visit regents.ac.uk/disability.

"I've been given undivided attention and support since day one – something you'd only find at Regent's. I'll be so sad when the time comes to say goodbye!"

Millie Liptrot, Regent's student.



"The reputation of Regent's precedes itself. We were made to feel so comfortable from the start. My daughter came all alone – I didn't need to come and settle her – she said "Mum, don't worry, everything's handled!"

Parent of Regent's graduate, 2021.

How to apply

Applying to university can often be confusing and time-consuming, not to mention stressful due to deadlines. Most universities in the UK take applications via UCAS, which limits each applicant to five choices and closes applications in mid-January. Regent's accepts applications via UCAS, but we also give students the opportunity to apply directly at any time of year – expanding your child's options and streamlining the process, without the pressure of strict deadlines.

UCAS is a UK-based organisation that operates the application process for British universities.

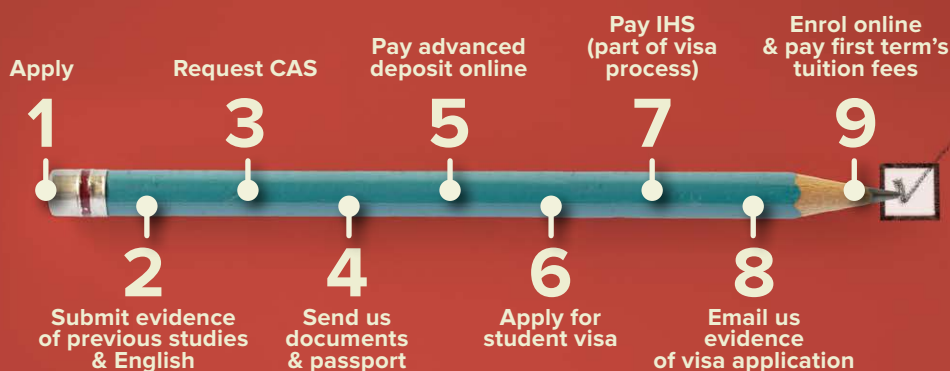


Applying through UCAS	Applying directly to Regent's
Limited choice: Apply for a maximum of five courses via the UCAS website. This includes multiple courses at the same university.	The sky's the limit: Your child can apply directly through our website, without using up any of their five UCAS choices.
One size fits all: The same application will be submitted for each course, so it's practical to apply to similar courses so the application material remains relevant.	A tailored approach: They can tailor their application to their course, to maximise their chance of success.
Strict deadlines: Application deadlines are usually mid-January (though some courses close for applications mid-October).	All-year-round applications: Applications are accepted all year round: no strict deadline to adhere to (though some courses fill up fast so we advise applying early).

Working with agents

If you're finding the application process challenging, we can put you in touch with a local agent to help you at every step. For more details on working with agents, as well as a list of agents that are local to you, visit: regents.ac.uk/agents

Application timeline



Scan the QR code for more information on the application and enrolment process.



regents.ac.uk/apply

The next chapter

Once your child has applied, there are two types of offer they could receive: a conditional one, meaning the university might need some more information from them before they can offer your child a place, and an unconditional one, meaning they're ready to start their next steps towards enrolling.

It can be difficult to know when you need to get involved to help your child with their application, and when to let them take responsibility. We've created a quick guide:

The application and enrolment process	Student	Parent or guardian
1) Ensure they meet the UKVI English language requirements	✓	
2) Provide certificates of their most recent qualifications	✓	✓
3) Apply for a Confirmation of Acceptance of Studies	✓	
4) Send documents for validation, including their passport	✓	✓
5) Pay their advanced deposit online via the Regent's website	✓	✓
6) Apply for their Student visa – international students only	✓	✓
7) Pay an Immigration Health Surcharge (part of the visa process)	✓	✓
8) Email us with evidence of their visa application	✓	
9) Enrol online – registering their account, updating contact details	✓	
10) Pay their first term's tuition fees	✓	✓

Only after all these steps are completed, will they receive access to their timetables and classes.

Receiving an unconditional offer

To receive an unconditional offer from Regent's, your child must:

- Meet our English language requirements, which you'll find on our course pages
- Provide official certificates or transcripts of their most recent qualifications

The CAS process

Once your child has met our requirements and received an offer, our Admissions team will email them with a form used to request their Confirmation of Acceptance of Studies (CAS) – an electronic document, confirming they have the required documentation and funds to study at Regent's and apply for a student visa (if required).

The form will ask:

- Your child's name, birth date, contact details and passport number
- When they're planning to travel to the UK and from where
- Whether they've previously been refused a UK visa and, if so, why
- How they intend to fund their studies and living costs

They'll also need to attach:

- A copy of their passport – the photo ID page
- Copies of any current or previous UK visas
- An official document proving they hold sufficient funds to cover their tuition fees

Before they receive their CAS via email, they'll also need to pay an advanced deposit – a minimum of £4,000 towards their tuition fees. This can be done online.

Student visas

If your child is not a UK citizen, they may need to seek a visa to be able to study in the UK. They can find out if they need a visa at **gov.uk** or by contacting their embassy or consulate.

It's important to apply for a student visa as soon as possible, to avoid delays. Universities all provide guidance on the application process, so don't hesitate to get in touch if you require help. **regents.ac.uk/student-visa**

The earliest your child can apply is six months before the start of their course, but they must apply within six months of receiving their CAS document. To apply:

- Visit the **gov.uk/ukvi** website
- Open the form 'applying from outside of the UK'
- Prove your identity: in person or using a document checking app

Please email evidence of your application to **admit@regents.ac.uk**. UKVI will usually send details of their decision via email within three weeks of you submitting documents. Your child will need to have received this email before they can travel to the UK.

UK Visas and Immigration (UKVI) is a division of the Home Office, responsible for the UK's visa system.



Healthcare

It's important for your child to register with a local doctor (GP) as soon as possible after their arrival. In the UK, visits to the GP and emergency services are free, but if your child is in the UK on a student visa, they will need to pay a yearly immigration health surcharge, which they can organise during their visa application. They may also wish to buy private health insurance to access treatment not covered by the NHS.

The National Health Service (NHS) is the UK's publicly funded healthcare system. It offers UK nationals (or those paying an immigration health surcharge) access to free healthcare.



An immigration health surcharge is a yearly healthcare charge giving non-UK nationals access to free treatment covered by the NHS.

Enrolling online

Once your child's documents have been verified and their tuition fee deposit paid, we'll contact them with instructions on how to enrol. This is an important step, as they won't be able to access to their classes and timetables until it's completed. During this process, they'll be able to pay the remainder of their tuition fees (or set up a payment plan) and update their contact details.

The earlier they enrol, the better. We'll be able to process their documents ahead of time, giving them access to their timetables and classes sooner – saving on any last-minute stress and enabling them to book their flights and accommodation, knowing that their spot is secure.

Payment

Tuition fees at Regent's are to be paid each term and are due two weeks before the start of a new term. We accept payments directly online or via bank transfer, although you can also request to set up a recurring payment plan. **regents.ac.uk/how-to-pay**

Once their deposit and first term's fee has been paid, their documents verified and their enrolment completed, they'll receive access to their timetable and classes.



'It's hard to put into words the extensive amount of experience and knowledge I've gained at Regent's. The campus, the small class sizes and the one-to-one contact with teachers, along with the international student and academic body,

has proven that I could not have chosen a better place to study.'

Tessa Lange, Regent's student.

What to pack

Personal – passport, ID card, purse, documents, medicine (if needed)

Study – laptop, charger, headphones, course books

Bedroom – bedding, accessories, clothes, books, bathroom toiletries

Kitchen – saucepans, plates, bowls, cutlery, mugs, glasses, trays, tupperware

It's worth checking **gov.uk** for information on luggage restrictions and prohibited items before you travel – you don't want to have to leave anything at the airport!

For a copy of this publication in an alternative format, please contact us on +44 (0)20 7487 7625 or admit@regents.ac.uk

Regent's University London
Inner Circle
Regent's Park
London NW1 4NS
United Kingdom

+44 (0)20 7487 7625
admit@regents.ac.uk

[regents.ac.uk](https://www.regents.ac.uk)

The information contained in this document is correct at the date of publication, November 2021. Please visit our website for the latest information.

© Regent's University London 2021

Regent's University London is the trading name of Regent's University London Limited, a company limited by shares (company registration number 12734671). Registered office: Inner Circle, Regent's Park, London, NW1 4NS, United Kingdom