

London travel guide

Tips from Regent's students



Welcome to London



London is taking selfies on Westminster Bridge. It's spotting pubs on every street corner. It's picnics in the park during summer and permanently carrying an umbrella in your bag in winter, autumn and spring. It's squeezing onto the Tube (and complaining about others doing the same). It's late-night comedy gigs and early morning yoga classes. It's St Paul's Cathedral, The Shard, Buckingham Palace and Big Ben. It's multicoloured houses in Notting Hill, market stalls in Camden and shopping streets in Soho. It's actors, artists and artisan coffee shops. And it's dreamers, darers and doers all brushing shoulders in a city that's more like hundreds of villages that have somehow found themselves in the same place. That's London.

Regent's University London

Located in the heart of the UK's vibrant capital, Regent's campus offers an inspiring setting in which to live and study – just steps away from all that London has to offer.

Within walking distance, you can visit more than 12,000 roses in Queen Mary's Gardens, hire a boat on the lake in Regent's Park, visit the Open-Air Theatre and London Zoo, or stroll up Primrose Hill – offering panoramic views of the city's skyline.

It's no surprise that moving to London can be a little daunting – but it doesn't have to be! Here, our Student Union offers their take on the best boroughs, markets, cafes and more.



'Fitzrovia and Marylebone have such interesting histories that are brought to life by visiting.'

Grace Churchill,
SU Academic Events Officer.

Where to explore

With over 30 London boroughs, it can be hard to know where to visit first. Here's a rundown of our students' favourite areas – all close to campus.

MARYLEBONE

A chic residential area, packed with independent boutiques and restaurants.

Walk 5 mins



LITTLE VENICE

A picturesque canal path, home to waterside cafes and cosy pubs.

Tube 12 mins

FITZROVIA

A bustling neighbourhood near the West End, Oxford Circus and British Museum.

Tube 19 mins



SEVEN DIALS

A small square where seven streets converge, brimming with indie shops.

Tube 22 mins, WC2H 9DP

Regent's Park

*according to
Ana and Kyla*

One of the best ways to explore London is by foot. Where better to start than our lovely local, Regent's Park.



Ana Vallandro,
SU Film, Media, and
Performance Council
President, BA (Hons)
Acting for Stage &
Screen student.



Kyla Watkins,
SU Vice President
Student Experience,
BA (Hons) Liberal
Studies (Art History)
student.

PRIMROSE HILL VIEWS

A grade II listed hilltop park with panoramic views of London's skyline.

Walk 25 mins

CHALK FARM

A creative community famed for its markets, boutiques, bars and pubs.

Walk 30 mins

ZSL LONDON ZOO

The world's oldest scientific zoo, housing over 673 species.

Walk 18 mins

QUEEN MARY'S ROSE GARDEN

London's largest collection of roses, with over 12,000 on display.

Walk 2 mins



'I love
the artistic
homes in Notting
Hill, and vibrant
Portobello Road.'

Dion Zeka, SU Treasurer.

From department stores
and designer brands to
independent boutiques,
London caters to a wide
range of shoppers.
Here's our students'
pick of the best.

A spot of shopping



SELFRIDGES CHRISTMAS MARKET

The iconic department
store's annual festive market.
Oxford Street, W1A 1AB

Walk 20 mins



COVENT GARDEN

A lively shopping hub with
alfresco dining and street
entertainers.

Covent Garden, WC2H 7AR

Tube 23 mins



DAUNT BOOKS

A charming Edwardian
bookshop located
on Marylebone's chic
high street.

Marylebone, W1U 4QW

Walk 8 mins



PORTOBELLO ROAD

The world's largest antiques
market, with over 1000
independent dealers.
Notting Hill

Tube 22 mins

Stine's favourite markets

Whether you like to spend your weekends tucking into food or decorating your home, our Student Union President, Stine Kaus, has you covered.



Stine Kaus,
Student Union President,
BSc Psychology student.

*One bunch
a fiver, three
bunches a
tenner!*



MERCATO MAYFAIR

Delicious street food served inside a beautiful old stained-glass church.
Mayfair, W1K 6ZA

Walk 20 mins

BOROUGH MARKET

London's most renowned food market, celebrating home-grown produce.
Southwark, SE1 1TL

Tube 24 mins



COLUMBIA ROAD FLOWER MARKET

A picturesque East London street lined with flowers every Sunday.
East end, E2 6NW

Tube 30 mins



From quick fixes
to fancy restaurants,
Marylebone, southwest
of Regent's campus, has
plenty on offer for foodies.

Restaurants a short walk away

WULF & LAMB

Delicious plant-based
vegan cuisine, available
all day.

Marylebone, W1U 4EJ

Walk 10 mins

A.O.K KITCHEN

A stylish European bistro
and bakery, with California-
inspired dishes.

Marylebone, W1U 7NH

Walk 11 mins

LA FROMAGERIE

An award-winning cheese
shop with sandwiches and
deli snacks.

Marylebone, W1U 4EW

Walk 9 mins

HOMESLICE

One of London's most
coveted pizzerias, with
local beer and cocktails.

Marylebone, W1U 1HB

Walk 15 mins

CONCHIGLIA

Home-style Italian plates,
pizzas and brunch – served
in a cosy bar.

Fitzrovia, W1W 6RZ

Walk 17 mins

If you're looking to while away a few hours, these cafés are your go-to for brunches, lunches and consistently good coffee.

'HJEM is my pick – a Danish bakery with quality coffee and a lovely, cosy atmosphere.'

Stine Kaus, SU President,
BSc Psychology student.

Cafés

NORTH AUDLEY CANTINE

A French bistro and cocktail lounge serving breakfast and brunch.
Mayfair, W1K 6ZP

Walk 21 mins

CAFÉ KITSUNÉ PANTECHNICON

A stylish spot serving French/Japanese coffee & confectionary.
Belgravia, SW1X 8LB

Bus 30 mins

PRIMROSE BAKERY

A retro-style bakery and café serving croissants, cookies and cupcakes.
Primrose Hill, NW1 8LD

Walk 25 mins

HJEM KENSINGTON

A Nordic-inspired coffee spot serving everything from coffee to kimchi.
Kensington, W8 5RL

Tube 31 mins

Our students are enterprising and ambitious. At Regent's, they develop deep connections with each other and with businesses in our local area, around London and the world – working together to forge their way as inspiring partners, leaders and innovators.

Our student contributors



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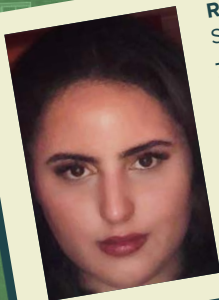
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