

## **Introduction**

Regents' University London does not condone the possession, use or supply of illegal drugs at or on any premises under our control.

Our expectations of students are outlined in a number of policies and regulations, particularly the Staff and Student Code of Conduct and the Academic Regulations, General Misconduct. Here we outline our approach to the use of drugs and alcohol. This is guidance for students.

## **Harm reduction**

The best way to stay safe is not to take drugs at all (unless prescribed for you) and to drink alcohol only within advised guidelines. Whilst we don't condone drug-use, we do recognise that some individuals choose to use drugs. If you do so, we want to make sure you can make an informed decision. This includes supporting you and guiding you to helpful resources.

We will not punish you for discussing drug or alcohol use. Instead, we will offer support and signpost you to helpful resources.

## **Supply of illegal drugs or alcohol**

Supplying illegal drugs or unlawful alcohol is prohibited (banned). If you are involved in the supply of drugs:

- you will be considered under Regents' General Misconduct Regulations; and
- you may be referred to the police.

## **Behaviour on campus**

You are required to adhere to Regents' Code of Conduct. Certain behaviour may be deemed to be general misconduct (for example, engaging in university activities whilst under the influence of alcohol or some substances). We will consider the information you provide about drugs or alcohol use when applying our policies, including the General Misconduct Policy and Fitness to Practise Policy. If you have told us about problems with drugs or alcohol and are actively seeking support, we will consider this in how we use our policies.

You should note that staff are not permitted to purchase alcohol for students on campus or on any study trips. Very moderate quantities of alcohol may be available as part of a meal, ceremony or other function but in any other social setting, staff may not purchase alcohol for students.

## **Learn about the health risks**

More information about the health risks associated with drug and alcohol use are available from:

<https://www.talktofrank.com>  
<https://www.drugsand.me/en/>  
<https://www.drinkaware.co.uk>  
<https://www.nhs.uk/conditions/alcohol-misuse/risks/>

## **Get support for alcohol or drug use**

If you are concerned about your own drinking or drug use or worried about another student, you can contact the [Student Wellbeing & Disability Team](#) for support.

### **Help beyond Regents'**

Camden Drugs and Alcohol Service: <https://www.nhs.uk/services/service-directory/cgl-camden-integrated-drug-and-alcohol-service/N11029651>

Westminster and Chelsea Drugs and Alcohol Service: <https://www.nhs.uk/services/service-directory/cgl-the-alcohol-service-@-kensington-and-chelsea-and-westminster/N11029642>

Turning Point <https://www.turning-point.co.uk/westminster-kensington-chelsea>

National Association for the Children of Alcoholics (NACOA): <https://nacoa.org.uk>